

**K-5TH
GRADES**



KIDS AFTER-SCHOOL FITNESS FUN!

WEDNESDAYS, 2:45-6PM, JANUARY 11 - MAY 30, 2012

- ⇒⇒ Organized fitness activities and supervised pool play facilitated by Ruthie Lile, Recreation Program Coordinator, and Chetola fitness staff
- ⇒⇒ Fitness Activities include Field Games, Circuits, Yoga, Hiking, Aqua Games, Active Scavenger Hunts and more!

AFTERNOON SCHEDULE

| | |
|----------------------|---------------------------|
| 2:45 - 3:00PM | Healthy Snack |
| 3:00 - 3:45PM | Fitness Activity |
| 4:00 - 4:45PM | Pool Play |
| 5:00 - 6:00PM | Supervised Homework Time* |

**Pick-up suggested any time between 5:00-6:00pm*

FEES:

- ❖ \$25 PER SESSION PER CHILD
- ❖ \$20 FOR EACH ADDITIONAL CHILD
- ❖ \$15 PER CHILD FOR CLUB MEMBERS

**VAN PICK-UP PROVIDED FROM
BLOWING ROCK SCHOOL
\$2 PER CHILD PER DAY**

**FOR MORE INFORMATION OR TO
REGISTER YOUR CHILD, CALL 828.295.5533
OR EMAIL CATHERINE@CHETOLA.COM**



**FAMILIES
WHO SIGN UP FOR
ONE FULL MONTH
MAY USE THE POOL AND
REC AREA ON SNOW
DAYS AND TEACHER
WORKDAYS**